

February 2019 Newsletter



From the Directors:

We hope everyone is staying warm during all this cold weather! As always, we appreciate all the support we receive from our families.

Tuition:

February tuition is due. Please remember we bill on the 25th of each month and you have until the 1st of the month to pay. A \$45 late fee will be added onto the account if payment is received after the 1st.

Registration 2019 - 2020 School Year:

We are **SO EXCITED** to announce we will be registering for the 2019 - 2020 school year soon! In house registration started on Tuesday, January 29th. On Tuesday, February 5th we will open registration up to the public. You can get the registration forms online or in the office. To secure your child's spot for next year we will need the registration form along with the registration fee of \$125.00.

Open Houses:

Our Open House will be held on Wednesday February 6th from 6:00 to 8:00 pm. This is a great way to meet our teachers and learn about other classes we offer!

Lunch & Learn:

We have started a new Lunch & Learn session and the children are having a blast! This session is about "Science Galore". We have planned lots of fun activities that will spark your child's imagination! If you would like to enroll your child(ren) in our enrichment program you can call, e-mail us, or stop by the office

DTPT Drop Zone:

We know that life can be busy and sometimes you just need a few extra hours in your day. We are here to help by ensuring that your child is comfortable, happy, and enjoying their time at our DTPT Drop Zone. This program was created to allow our families the convenience of leaving your little one at school for the day on a drop-in basis. Your child will stay and play while you get those few extra hours in your day.

Hours: 9:00 to 12:00 pm or 12:30 to 3:30 pm

Inclement Weather Policy:

Please remember we follow Prince William County Schools on closings and delays. If the county is closed, we will be closed. If the county has a 2-hour delay, we will open 2 hours late as well. Our morning classes will run from 11:00 am to 1:00 pm and our afternoon classes will run from 1:30 pm to 3:30 pm.

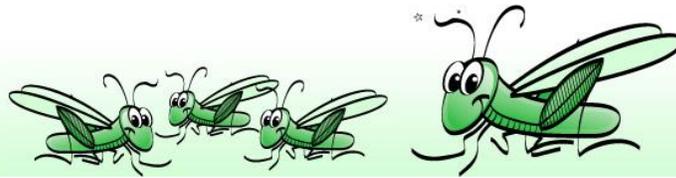
Field Trip:

Please mark your calendars for our second field trip of the year on Thursday February 21st to the Shenandoah Valley Discovery Museum in Winchester. This museum is one of the BEST hands-on learning museums for children of all ages in our area. The cost is \$7.00 per adult and \$7.00 per child. Children under 2 are free. **Please RSVP and paid by Friday, Feb 15th**

PJ Party:

We love to hold PJ Parties for our parents and our next PJ party will be Feb 15th. These types of events allows our parents FOUR kid-free hours to run errands, go on a date night, or go out with friends while knowing your child(ren) are safe and having fun at school. Your child(ren) will be able to play games, make a craft, eat pizza and watch a movie in our Music & Movement classroom in their PJ's!

February 2019 Newsletter



Ms. Kristine Says...

Hi Ladybug Families! We jumped into January by learning about SPACE! Our very first craft of the new year was making a full moon with foil! During this week, we discussed what constellations are and even got to create our very own constellations with stickers and chalk. They had such a blast with this activity! The students really enjoyed learning about how craters are formed. They especially enjoyed learning about how size, speed, and distance affect the "damage" it causes. January was centered around winter and hibernation! We read many books on different winter animals and discussed the different places that they hibernate. For winter, we incorporated one of my favorite snow related activities...**MAKING SNOWMEN!** We made many different snowmen using different techniques. We finished out our month by learning about "Where We Live". We used balloons to stamp paint onto our own Earths. These Ladybugs always love using wacky objects to paint! We finished out the month by reading a book called, "How the Crayons Saved the Rainbow". In this book, we learned how rainbows are made and how important they are in helping give color to our beautiful Earth! After reading this, the students were able to draw what they see in their world and illustrate all the beauty they feel our Earth has to offer!

The educational character for February will be compassion. The first theme of February will be Community Helpers, so compassion will play a big role this week! We will talk about the different jobs that are needed throughout the community, such as police officers, dentists, construction workers, and doctors! We will be putting our construction skills to work by using playdoh and popsicle sticks to create tall masterpieces. I am so excited to see what wonderful architects we have in the Ladybug class! The second week of this month will focus on one of my favorite things...**DINOSAURS!** We will dive right in by becoming paleontologists and melting our own "dino eggs" to see what we can discover! This week will be especially fun because we will be celebrating Valentine's Day. We will even do a Valentine's Exchange! Dental health will be our next area of focus for this month. We will discuss why it is so important to take care of our teeth. We will finish out our month by learning about **VOLCANOES!** We are making some erupting volcanoes of our own! Make sure you take a peek in our room to check out the giant volcano we will have on our wall! We will have a very exciting and busy month! We will use a lot of shaving cream, puffy paint, glitter, and baking soda this month. Let's get messy!

Ms. Sarah Says...

Frogs:

January was a productive month filled with new concepts in mathematics, language arts and science. As we continue through these next few months, February especially, I'd love to share my excitement about the Dinosaur unit, learning measurement with different tools, Valentine's Day and new sight words, vowels AND letter blends!

On the white board in the front of the classroom I have written a LIST of monthly goals to not only challenge your child but to challenge myself as an educator. Your children continue to blow me away with their ability to adapt to any given circumstance and their willingness, their drive to do and be better. The major goal met this month was the ability for all my Frogs AND Ladybugs to successfully manage their time spent on journals (i.e. cutting, pasting, tracing, name, date, letter sounds). The goal set was that the children would be able to independently retrieve their journals, sit down at the designated table - write their name, the date and write the letter of the week (after I had modeled and demonstrated how the letter is to be written) **CONGRATULATIONS** my sweet class, we did it!

Our daily schedule and routine will remain somewhat the same for February as it was in January - we will continue to focus on abstract concepts (such as: cause and effect, predictions, adding, subtracting and 24-100-piece puzzles) Academically our morning focused on the letter of the week, the sound it makes, how to write it the proper way (top to bottom). A new concept was introduced in January that will carry over into this month is **VOWELS** - the children have made tremendous strides finding words, names and objects that begin with **LONG** or **SHORT** vowels! It would be beneficial for the children if you practiced these at home with them!

We'll continue to rotate during our focused groups to allow the children to move around the classroom, to experience different challenges and socialize with different friends.

Ms. Victoria and I look forward to a busy month filled with love-

February 2019 Newsletter



Ms. Barbara Says...

Inchworms:

Hello boys, girls, and parents! January was a cold month with a lot of snow, but we were having lots of fun playing inside. In January we learned the letters "K," "L," and "M." We also learned about the winter animals, the sky, and the countries in the world. It was really great to teach the children about my home country Brazil! In January, we explored new manipulatives; our favorite is the counting bears. We are also exploring the audiobooks; the children love them. The audiobooks have a special rhythm and speed that help the children focusing. "All about my feelings" is our favorite books this month; it is an audiobook that sings the story and helps the children to understand their feelings. In the music and movement room, we are practicing being patient and taking turns. We have two new games to help us with this goal. The "pin the tail on the donkey" is our favorite; we do it without eyes open, but we need to wait our turn and be patient. The other game is a "giant match game." We matched a small picture on the teacher's hand, with a giant picture on the floor. In January, after practicing our counting skills, we started to work on number recognition and review. For February we are planning a lot of fun. February is the valentine's month, and we will study dinosaurs, and volcanos as well. I am planning a volcano explosion to help our friend to enjoy science. We will have a lot of valentine's craft to help us care for our friends and family. I expect even more sharing and teamwork in February because our friends love to play dinosaurs together. February is a short month, but we have only one scheduled day off on the 18th for President's Day. The full month will help us to get back into our routines finally and maybe enjoy the playground again. Our 2 years old friends get cold quickly, so we only go outside when the weather is appropriate. I hope your January was warm and cozy. Let February bring us a warm heart and lots of fun!

Ms. JJ Says...

Busy Bees:

January has come and gone and we are full swing into the new year. I hope everyone is starting the year off happy and healthy. The weather was definitely a roller coaster ride last month, but now that February is here, I'm going to start dreaming of spring. Now we all just have to hope that the groundhog does NOT see his shadow! Even with last month's snowfall outside, your Busy Bees made "snow" inside. We combined corn starch, lotion, and peppermint essential oil. The children had a lot of fun making it and our hands smelled like delicious peppermint. We rolled snowballs and built adorable snowmen right in our classroom. The children also learned about hibernation by reading books, such as "How Do You Sleep" and "Bear Snores On". They also explored a sensory bin that was filled with animals that hibernate and created some sleeping bear artwork. Then we blasted off into outer space and discussed the sun, moon, and stars. They created artwork with golden stars and made puffy paint to make the moon. In January, we introduced the letters G, J, and K. In February, we will talk about the letters L, R, T and V. The children have also been working on mastering their numbers in English and Spanish, as well as being able to recognize them visually. Our new book of the month in February is "Pete the Cat, Valentine's Day is Cool". February also brings Valentine's Day, so we will be having a valentine card exchange in class to celebrate the holiday. The children will also be creating some beautiful valentine's day themed artwork to decorate our classroom. Information about the card exchange will be emailed from the office so please keep a look out for it and let me know if you have any questions. Coming up this month we will be learning about dinosaurs and volcanoes. We will be erupting a volcano in our science room and the children will make one out of paper to take home. In addition, this month we will have our unit on dental health and learn all about good habits that help keep our teeth healthy. We may even get a surprise visit from the tooth fairy! Towards the end of the month we will celebrate Dr. Seuss's birthday by reading some of his great books, doing puzzles with characters from his stories, and a few other fun activities. As always, my door is open if you have any questions and your support of our class and school is always appreciated!



February 2019 Newsletter

Ms. Lindsey Says:

Ladybugs: January has been a fun and exciting month! Throughout January, we discussed the Themes of Winter, Hibernation, and Outer Space. The children enjoyed our book of the month, Bear Snores On, and completed a fun bear craft to accompany the story. The highlight of the month was our Artic Animal Water Sensory bin. The children just loved playing with ice, cold water, and Arctic Animal figurines.

If you take a look at our art work on the walls, you will see that the children are progressing beautifully writing their first names the kindergarten way with a capital letter and the rest lower case. I am so proud of this accomplishment! We also continue to practice our scissor skills whenever possible. The children have been cutting snowmen wrapping paper at our sensory center. They also cut out most of their art projects on their own!

In Language Arts, we focused on the letters Gg, Jj, and Kk. The children loved bringing in items from home to share with the class that begin with those letters. In Science and Math, we completed a STEM project which began with the children counting marshmallows. Next, they created snowflakes out of marshmallows and toothpicks. I enjoyed observing how unique each snowflake turned out!

In February, our themes will be Dinosaurs, Prehistoric Animals, and Volcanoes. We will also be focusing on dental health and celebrating Dr. Seuss week. Our book of the month will be, The Cat in the Hat. This will lead us up to Dr. Seuss week. Dr. Seuss books are some of my favorites! We will be sure to focus on all the silly rhyming, which will help us with pre-reading skills and language.

The children will continue to practice their phone numbers and will also start to recognize their last names. Those students who are ready will begin to write their names as well. We will have a Valentine's Day Party on February 14th. Please look for a sign up sheet on our classroom door. The children may bring 10 Valentines to exchange with their friends. We will be decorating Valentine bags in class.

I am looking forward to another busy and fun month full of learning! I love watching the children's progress throughout the year. It really is amazing! As always, please let me know if you have any questions or concerns. Thank you for your support with your children's learning!



Ms. Teresa Says...

Busy Bees: The class has been working extremely hard this past month, and I am very proud of the progress the children have been making. In January, we talked about outer space, and discussed the different planets. We talked about what made each planet special, but especially about our Earth and where we live on it. We pretended to be astronauts blasting into space and returning to a hero's welcome when we returned to Earth! We discovered how the Moon reflects the Sun's light by shining a flashlight onto a mirror and watching the light bounce onto the wall. Also, we discussed some things that happen in the cold weather, such as hibernation and migration. We learned how some animals prepare their bodies and homes for winter survival, and how other animals migrate to where it is warmer to survive.

We have reviewed the letters Gg, Jj, Kk, and their letter sounds. In February, we will be going over the letters Ll, Rr, Tt, and Vv and their sounds. We have already gone over the numbers 1 through 10, and will be reviewing them again for the second half the school year.

Our themes for February will be dinosaurs, volcanoes, Dental Health, and Valentine's Day. On February 21st, we will be having a Field Trip to the Shenandoah Valley Discovery Center in Winchester - which is always a favorite fun time! The children are making progress with putting on their own coats, and some of them are even trying to zip their coats by themselves. The look of accomplishment they get when they can achieve this by themselves is priceless. I know that sometimes we get in a hurry and it's easier for us to do it for them, but this is a great self-help skill for them to learn.

Thank you for your support at home and school! I am looking forward to another great month ahead.





Mystic Flow Corner

Educational Workshops:

- **Learn to Meditate in 2019**

Tuesday, February 05th: 7:00 pm - 8:00 pm

Tuesday, February 19th: 7:00 pm - 8:00 pm

- **Learn about Essential Oils and how to use them**

Wednesday, February 06th: 6:30 pm - 8:30 pm

Thursday, February 21st: 6:30 pm - 8:30 pm

- **Growing Healthy Families with EFT**

Thursday, February 21st: 2:30 pm - 3:15 pm At Daytime Playtime

- **Let's Teach Our Children how to Meditate & Create**

Wednesday, February 27th: 3:30 pm - 5:30 pm at Daytime Playtime (This Class is for children)

- **Raising a Child with Love and Boundaries**

Wednesday, February 27th: 9:30 am - 11:30 am

Feb Specials:

- **Couples Massage**

Saturday Feb 9th & Sunday 10th

Take some time out with your love one to relax and unwind!

- **Sugar Scrubs**

Saturday Feb 15th & Sunday Feb 16th

Add a chocolate or champagne sugar scrub to your massage for \$15

- **Want to share the gift of floating for Valentines**

1-hour float for only \$45 this month

